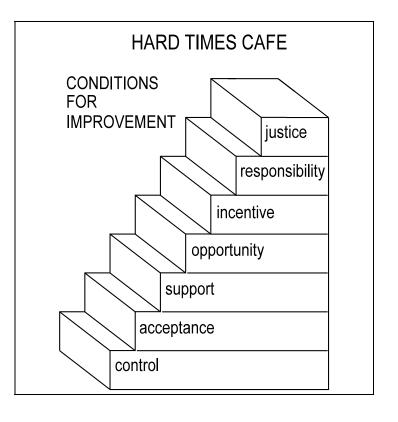
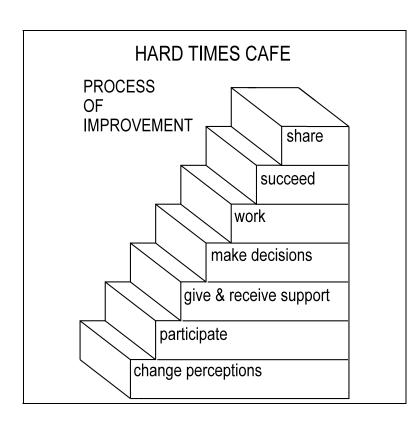
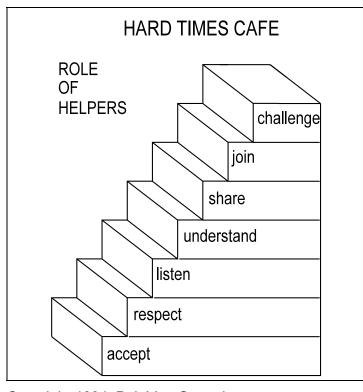
## LESSONS FROM THE HARD TIMES CAFE

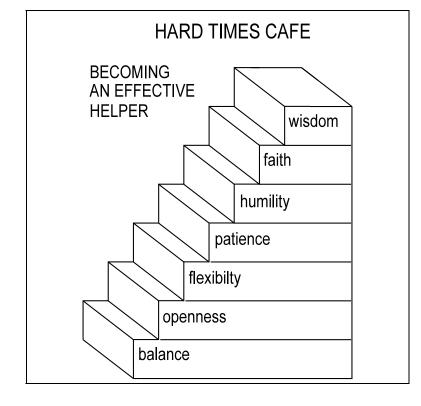
## **BASIC PRINCIPLES OF EMPOWERMENT:**

Dignity of Each Person Potential for Improvement Power of Community Need for Responsibility









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